

Live Well Kingston Meeting Minutes

Wednesday, November 20, 2019, 4 – 5:17pm, City Hall, Conference Room #1

I. Call to Order: 4:00 pm

Council Members (Voting)

Guests

a.

Anna Brett	X	Emily Flynn, Dir. Health & Wellness
Caitlin Zinsley	Excused	Kristen Wilson, Dir. Grants Management
Dylan Johanson	Excused	Kezia Cooper, UCDOH, Mental Health Systems Specialist
Gerry Harrington	Excused	Freddy Garcia (on Phone)
Kathleen Rogan	X	
Melinda Herzog	X	
Stacy Kraft	X	
Tevis Trower	Excused	
Walter Woodley	X	
Yanna Wilson		
Open		

II. Approval Of Minutes

- a. Neither the August, September, or October, minutes could be approved without a quorum present.

III. Administrative Matters

- Dylan will be stepping down as a commissioner.
- Two commission seats will be open in January, possibly 3.
- Due to lack of quorum, this policy was not voted on but tabled for a future meeting: the current Rules of Procedure allow a lifetime limit of two terms per board member. We discussed proposing a change to allow a board member to serve again, after taking time off. This will be discussed in November. A quorum is needed to vote on this proposed change. (Caitlyn, Gerry, Tevis and Yanna have terms that expire in December of 2020.)
- Two applications have been received and those individuals will be invited to the next meeting.
- Kathleen asked that a press release be issued advertising the commission openings.
- The officer position of secretary is vacant. Those interested should contact Emily. A quorum is required to elect a new officer. Any commissioner interested in holding a position for 2020 should contact Emily as all positions will be voted on in January.

- g. Stacy suggested we advertise the open seats at the January Healthy Ulster Meeting.
- h. It was discussed that a council member should be invited to serve as liaison between the commission and the common council.
- i. A list of suggestions for potential commissioners was generated through discussion: office of the aging, the YMCA Board, Center for Creative Education, RUPCO, Dept. of Parks and Rec, Play Well members.

IV. Reports

a. Travel Well Focus Team Report

Travel Well consists of: Complete Streets, The Greenline committee of the Kingston Land Trust and Bike Friendly Kingston.

At their last meeting, they came together to revisit their mission. They reviewed and made an action plan draft. They plan to focus more on communications around projects.

The Pedestrian/bicycle master plan, funded by the DEC is coordinated by Emily. They are looking for a planning firm for a strategic plan including an ADA transition plan. The plan will be a set of documents that includes a report of existing infrastructure, recommended action plans, public outreach materials, and maps that will enable the City to prioritize and secure funding for projects. This grant is actually an environmental program not just an aspect of transportation as climate change impacts health. This provides an opportunity for us to share with the community the health impacts of climate change. The CDC has climate change and health information.

There is a "Growing Kingston" tab on the city website explaining current projects. Many City of Kingston projects are scheduled to begin construction in 2020.

The use of social media to highlight a current project on a monthly basis was discussed. The "How do I get there" campaign was discussed- a social media campaign developed with The Land Trust which gives direction between two points in the city without a car.

The focus Team would like UCAT and a broader scope of transportation partners involved. A new chair/coordinator of the focus team is needed.

b. North East Sustainable Agriculture Working Groups Conference

Emily reported on her attendance at this conference including an anti-oppression training. Tools for best practices and policy assessment tools were discussed.

A NJ program encouraging corner stores to sell more healthy food options was discussed- Cooperative Extension attempted a similar program here in Ulster County previously.

Emily shared a "Community Agreement" policy. Those present expressed interest in adopting it as a LWK policy at a future meeting when a quorum is present.

V. Stretch

VI. New Business

- a. A healthy calendar project had been proposed by a community member. She did not attend the meeting. The project concept will be referred to the communications sub committee, which will meet in the new year.

VII. Announcements And Communications

- a. The chess tables have been installed and a ribbon cutting will be held on Friday.
- b. The list of meetings will be updated to indicate the next Eat Well meeting (currently showing January 1) as well as the mayor's inauguration.
- c. Dr. Woodley showed an artist's rendering of the Pine Street facility project. They hope to break ground in 2020.

VIII. Adjournment: 5:17

IX. LWK Focus Teams and Other Events

- a. Emily Visits SSIP, Dec. 2, 9:30am, Olympic Diner
- b. Heal Well Focus Team, Dec 6th, 12-1pm
- c. Age Well Focus Team, Dec. 16th, 2-3pm, Senior Hub
- d. Live Well Kingston Commission, Dec. 18th, 4-5:30, Narcan training for first half hour, then holiday potluck
- e. Complete Streets Advisory Council, Dec. 19th, 4-5:30pm
- f. Play Well December Canceled
- g. Eat Well Focus Team, January 1st, 10-12pm, Cornell Cooperative Ext