

Live Well Kingston February Meeting Minutes

Wednesday, February 19, 2020, 4 – 5:30pm, City Hall, Conference Room #1

I. Call to Order: 4:05 pm

In Attendance: Commissioners: Stacey Kraft, Anna Brett, Melinda Herzog, Tevis Trower (by phone), Walter Woodley, Caitlin Zinsley, Gerry Harrington, Lori Ferguson; Guests: Emily Flynn, Theresa Wideman (Heal Well Kingston), Freddy Garcia (by phone, Health Alliance Hospital), Elizabeth Winn (intern, SUNY New Paltz Geography Department), Lorraine Farina (Climate Action Committee Kingston)

II. Administrative Manners

- Yanna stepped down in order to give her seat to someone who is able to be more present in person
- We have one open seat
- Emily will revamp and circulate an info sheet on being a commissioner on LWK

III. Approval of Minutes

- Anna: Motion to approve minutes of December 2019. Seconded: Melinda.
 - Passed unanimously
- Stacey: Motion to approve minutes of January 2020. Seconded: Anna
 - Passed unanimously

IV. Meeting Dates

- Emily sent out a doodle poll to see if the meeting time is the best for the commissioners
- The current day and time had the most available attendees. Meeting day and time will stay the same.

V. Heal Well Focus Team Report

- Presented by Therese Widemann
- Last year Heal Well focused on trauma
- They are working out their goal for this coming year
 - An ongoing survey is helping to narrow down goal
 - Exploring a partnership project with AHEC in which college students would work on a community project and the focus team would support them
 - Looking into collaborating with Healthcare is a Human Right, which has regular community clinics

- Working on defining who HWK is trying to serve - who doesn't have access to information on trauma and healing or knowledge of these subjects or programs of support.

VI Discussion on Community Agreements

- We are going to add "and vice versa" to the second to last agreement
- Discuss next meeting

VII Presentation on Air Quality and Woodsmoke Pollution

- Lorraine Farina presented on her research of the dangers of woodsmoke pollution and is seeking the Committee's help in disseminating the information and ways of effectively reaching people.
- See handouts.
- Committee discusses the scope of woodsmoke pollution, agrees to not post independently on the topic at this time, agrees that promoting clean energy goes hand in hand with this effort.

Meeting Adjourned 5:35.