

Live Well Kingston August Meeting Minutes

Wednesday, August 19, 2020, 4 – 5:30pm, GotToMeeting

- I. Call to Order: 4:04
 - A. In Attendance:
 1. Commissioners: Anna Brett, Dr. Woodly, Stacy Kraft,
 2. Guests: Emily Flynn, Dough Koop, Freddy Garcia, Katherine Keegan-Twombly, Adam Billingsly,
- II. Reports
 - A. [Travel Well Report](#)
 - B. HealthAlliance Update - Freddy Garcia, Regional Director for Diversity, Inclusion, & Community Engagement

5,500 meals have been donated to staff during COVID times.

 1. Construction is happening at the St. Mary's Ave (formerly the Benedictine Hospital) site. Timeline - 2-year project that started fall 2019. Should end around Fall 2021. Emergency room and services will all move to the St. Mary's ave. Offices and suites will all be renovated.
 2. Community efforts
 3. Diversity initiatives - Starting this September: 3 types of training for staff. Unconscious bias within healthcare, How to be an ally, Passed LGBTQ policy last fall and will be incorporated into a training.
 4. COVID - Has been supporting testing at Grand st. Looking to develop mobile testing especially trying to do outreach at farms.
 5. Behavioral Health - HealthAlliance moved Behavioral Health beds to Mid-Hudson Regional in Dutchess County as a way to free up space for COVID. HA still does outpatient mental health but doesn't have inpatient beds in Ulster County. If needed, they go to Dutchess County. Looking to hire a clinician in B.H. Don't know if it will come back.
 6. Just received: American Heart Association/American Stroke
 7. Association's Get with the Guidelines® – Stroke Gold Plus Quality Achievement Award. The award recognizes each hospital for its commitment to, and success in, ensuring stroke patients receive excellent care based on the latest evidence-based scientific guidelines.
 8. Anyone can reach out and connect with or ask Freddy questions.
Freddimir.Garcia@hahv.org | (845) 334-4916
- III. Approval of Minutes - No quorum.
 - A. [February Meeting Notes](#)

- B. [June Meeting Notes](#)
- C. [July Meeting Notes](#)
- IV. Administrative Manners - No quorum.
 - A. Open Commission Seat. [Here is the link to apply.](#)
- V. Old Business - No quorum.
 - A. [Community Agreements](#) - postponed until the next meeting because of a lack of quorum.
 - B. Undoing Racism Trainings - Still a priority. The People's Institute is very busy and we may not be able to do it in the near future.
- VI. New Business
 - A. Remote Motions - [Voting remotely document](#)
- VII. Announcements and Communications
 - A. HealthAlliance Youth Mental Health First Aid is still being offered in small virtual groups. It is a self paced 2-hour webinar that has been updated with new content that is culturally responsive and includes ACEs (Adverse Childhood Experiences that have health consequences). Just need 5 people at a time to take the class. Contact Adam.Billingslea@hahv.org to sign up.
 - B. Healthy Ulster Council Meeting, Sept. 10, 2-4, on Zoom. Speaker from Hospice. Email melinda to get emails: mmh62@cornell.edu .
 - C. Healthy Ulster Radio is looking for participants. The next topics are opioid support, Circle of Friends for the Dying support group, Unshattered opioid group, and a Climate Cookbook.
- VIII. Focus Team Meetings and other Events
 - A. 12 Aug Complete Streets Advisory Council Meeting
 - B. 13 Aug Bike Friendly Kingston Slow Rides
 - C. 18 Aug Age Well Focus Team Meeting
 - D. 19 Aug Live Well Kingston Commission Meeting
 - E. 20 Aug Bike Friendly Kingston Slow Rides
 - F. 27 Aug Bike Friendly Kingston Slow Rides
 - G. 28 Aug Play Well Focus Team Meeting
 - H. 03 Sep Bike Friendly Kingston Slow Rides
 - I. 10 Sep Ulster County Farm To School Working Group
 - J. 10 Sep Bike Friendly Kingston Slow Rides
 - K. 16 Sep Live Well Kingston Commission Meeting
 - L. 17 Sep Bike Friendly Kingston Slow Rides
 - M. 24 Sep Bike Friendly Kingston Slow Rides

Meeting Adjourned: 4:57