



## **Interested in growing food outside your home or in your neighborhood in the City of Kingston this season? We can help!**

Given these challenging times, and due to the COVID-19 crisis, it is more important than ever that we are empowered to grow our own food to become self-reliant and resilient.

The Kingston YMCA Farm Project, Hudson Valley Farm Hub, and Hudson Valley Seed Co are offering materials, labor, and guidance to support folks in the City of Kingston to create raised-bed gardens outside of their homes or in their neighborhoods. We have the ability to install a garden bed at 20 residential locations in the City of Kingston in 2021.

**With limited resources available, we are prioritizing low income, elderly, people with disabilities or chronic illness, migrant, refugee, unemployed/job insecure, Black, Indigenous, or People of Color, people impacted by food apartheid, survivors of mass incarceration, families with children, women, and trans\* non-binary folks. However, regardless of your identity, we welcome anyone to request a garden bed!**

**If you are selected to receive a garden, here's what you can expect:** We will come to your home to evaluate garden bed location and size. If you don't have space for a garden bed at your home, the Kingston Land Trust may be able to find you space for a garden bed in your neighborhood through their [Land Matching Program](#). You will receive a 4' x 8' raised garden bed (or size appropriate for your space), soil and compost, seeds, seedlings, and hand tools, if needed. A team will work with you to build and plant the garden bed. We will then provide garden support and information throughout the growing season to help you grow food. You will be responsible for maintaining your garden. This includes frequent watering, weeding, harvesting, and enjoying your homegrown vegetables.

**If you or someone you know would be interested in a garden bed, please fill out this form and return to the YMCA from 8:30am-4:00pm, or at Kingston YMCA Farm Stand on Thursdays 3:30-6pm. You can also email [kingstongardenbeds@gmail.com](mailto:kingstongardenbeds@gmail.com) to request an online form. We will be reviewing applications and providing this service on a rolling basis until March 31 or until supplies run out.**

\*If you would prefer to speak with someone by phone, please call Ani at (845)-399-2940 (Spanish) or AJ at (845)-616-7582 (English)

# Kingston Garden Bed Request Form

Full Name(s): \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email address: \_\_\_\_\_

Street Address (including apartment number if applicable):

\_\_\_\_\_

City: \_\_\_\_\_

Zip Code: \_\_\_\_\_

The best way(s) to reach me... Check your communication preferences:

Phone call     Text     Email     Other: \_\_\_\_\_

How did you hear about the Kingston Garden Bed Project?

How would a garden bed enhance your life? Describe your goals and need for a garden bed, including the number of people in your household that would benefit from a garden bed (attach an extra page if needed)

**Do you have access to a yard or outdoor space at your home or in your neighborhood that gets at least 6 hours of sun per day?**

**Is the space on a property you own? If not, do you have the necessary permissions?**

**If you don't have access to a growing space, are you interested in support to help find that space or receiving a container garden?**

**Taking care of a new garden bed takes a lot of time and love, with weeding, watering, planting, and harvesting. Are you willing and able to commit the time to care for your garden bed through the season?**

**Do you have any gardening experience? Would you be interested in guidance from our team?**

**What challenges do you face to starting a garden bed on your own? (ex: knowledge, funds, access to tools, time) Keep in mind that the value of the supplies for the garden beds we are building is ~\$350.**

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**Do you resonate with any of the identities listed? If so, how?**

**Do you have any other questions or comments?**

***Thank you for requesting a garden bed. We will be in touch soon. This program is modeled after Soul Fire Farm's "Soul Fire in the City Lawn to Garden Program." We adapted language and questions for our request form from Soul Fire Farm's work and are deeply appreciative of their work.***