

2019 Live Well Kingston Commission Action Plan with Status Updates – December

Goal	Objective	Actions	Status	Notes/Next Steps
1. Oversee Focus Teams	Review Actions Plans, receive reports, and give direction, if needed	Collect data about goals and accomplishments in Focus Team Action Plans.	Heal Well presented at the 8/19 meeting Play Well presented at the 9/18 meeting	The LWK Coordinator will schedule Focus Teams to present at Commission meetings and encourage updated Action Plans
2. Ensure Information about health resources are easily found and comprehensive	Collect info and publish on LWK media channels	Commissioners are encouraged to send the LWK Coordinator health related information, events and communications. Additionally, the Coordinator will allocate 3 hours a week to collecting and posting health info on LWK channels.	Social media posts have been regular. Started a page listing all the trauma informed projects in UC County. http://livewellkingston.org/trauma-care-collaborative/ Tabled with many LWK members brochures and info. See below for dates.	The Coordinator will work on a simple information collection system that feeds into a resource directory on the website. The information will state where we got it from and have a date.
3. Encourage active participants and community support	Increase knowledge of the LWK Commission	Commissioners promote LWK, invite participants, and review communications.	The Coordinator Presented to the Healthy Ulster Council on 5/9/19; Future Hudson's Complete Streets Panel on 8/17/19. Coordinator went on radio programs: Healthy Ulster Radio 6/25/19, O+ Radio 7/30/19, Christine's Community Corner on 8/14/19, Medical Monday on WKCR 8/26/19 & 9/30/19, La Voz 11/19/19. Communications committee met 3 times as of 9/10/19. FB post about Healthy Ulster Week reached 3,600 people.	Communications subcommittee develops 1-year plan Coordinator continues outreach

			<p>Created new materials and tabled at Midtown Make a Difference Day, 9/17/19, O+ Festival 10/12/19 & Kingston Farmer’s Market 11/2/19. Newspaper: Daily Freeman Photo on Front Page 11/23/19, Ribbon Cutting Announcement 11/15/19, “City Wins Funding for Chess” 07/20/19, Poster board presentation at Weaving the Waterfront Public Meeting, Radio Kingston Live Stream of Chess Ribbon Cutting had 586 views. 15 blog posts were published on the LiveWellKingston website. 150 posts were shared on the LWK Facebook page.</p>	
<p>4. Advise Mayor and Common Council on pertinent health related issues</p>	<p>Identify community health issues and present to LWK Commission for discussion and approval</p>	<p>Refine issues and concerns into a formal communication and send to the LWK Coordinator to forward to the Mayor and Common Council</p>	<p>Alderwoman at large will assign common council liaison for 2020.</p>	<p>Commission considered letter regarding 850 Route 28 Proposed Concrete Plant, 9/18/19.</p>