

2020 Live Well Kingston Commission Action Plan with Status Updates – November

Goal	Objective	Actions	Status	Notes/Next Steps
1. Oversee Focus Teams	Review Actions Plans, receive reports, and give direction, if needed	Collect data about goals and accomplishments in Focus Team Action Plans.	Each Focus Team reported to LWK at least once this year.	Reports still need to be posted to the LWK website as of 11/20.
2. Ensure Information about health resources are easily found and comprehensive	Collect info and publish on LWK media channels	Commissioners are encouraged to send the LWK Coordinator health related information, events and communications. Additionally, the Coordinator will allocate 3 hours a week to collecting and posting health info on LWK channels.	<p>Tabled at Governor Clinton Senior Complex, 8/4/20, Chambers Birches, 7/27/20, and Esopus Birches, 7/29/20.</p> <p>Working with KEFC to make food resource maps.</p> <p>Have not been successful at making a robust resource directory on the LWK website.</p>	
3. Encourage active participants and community support	Increase knowledge of the LWK Commission	Commissioners promote LWK, invite participants, and review communications.	<p>Communications report can be read here.</p> <p>Social media has been robust this year with our best post reaching 1.8K people. 1.1K followers on Instagram. Three press releases went out and there was much media coverage of the Kingston Emergency Food Collaborative.</p>	<p>Communications subcommittee develops 1-year plan</p> <p>Coordinator continues outreach</p>
4. Advise Mayor and Common Council on pertinent health related issues	Identify community health issues and present to LWK Commission for discussion and approval	Refine issues and concerns into a formal communication and send to the LWK Coordinator to forward to the Mayor and Common Council	Doug Koop has been our Common Council liaison this year. Wrote letter to Governor Cuomo and State DOH about in-patient mental health at HealthAlliance.	