

## 2021 Live Well Kingston Commission Action Plan

Live Well Kingston brings partners and residents together to facilitate policy, environmental, and systems changes that result in a healthy and active community.

| Goal  | Objective  | Actions   | Status   | Notes/Next Steps  |
|---|--|---|--|---|
| 1. Oversee Focus Teams  | Review Actions Plans, receive reports, and give direction if needed. Special focus on supporting the new Grow Well Focus Team.   | Have Grow Well report in March. Invite Commissioners to attend Grow Well meetings or send inquiries of support with Emily.                    | <a href="#">2021 LWK presentations are here.</a><br>Grow Well has become more sustainable and now meets twice a month and has subcommittees that meet regularly.   |   |
| 2. Support the health of our community.                                     | Specially focus on COVID response including community mental health support needs  | Review the Heal Well Focus Team's work on this goal. Host brainstorming conversations to identify projects and next steps.                    | <ul style="list-style-type: none"> <li>Review of COVID responses happened in the LWK Commission meetings and both the Heal Well and Age well focus teams.</li> </ul>   |   |
| 3. Increase knowledge of and community representation on the LWK Commission | 3.a. Actively reach out to the Spanish-speaking community and residents directly impacted by Covid, food and housing insecurity. | Ask for referrals from houses of worship, Commissioners, LWK members, Language Justice Collective at Farm Hub.                                | Malia Du Mont recorded a PSA for Radio Kingston on 5/26/21<br>Emily went on La Voz on 9/17/21 and the Mayor's Radio show on 8/3, 12/14   | <a href="#">List of current LWK participating organizations</a> |
|   | 3.b. Continue to support communications to the wider community and between Focus Teams   | Encourage Focus Team members participate in LWK Commission. Work to create quarterly email newsletters with updates from all the Focus Teams. | <ul style="list-style-type: none"> <li>Sent out a <a href="#">LWK newsletter update</a>, 5/28/21, to everyone who participates in LWK.</li> <li>Emily tabled at the Kingston Farmers Market on 9/28/21; Rondout</li> </ul> |   |

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|  |   | <p>Consider an annual meeting where all the Focus Teams present to cross inform.</p>   | <p>Garden event, 9/11/21;<br/>         YMCA Farm Project Harvest Festival, 9/21/21</p> <ul style="list-style-type: none"> <li>● The 11/21 Commission Meeting had updates from all the Focus Teams.</li> </ul>   |  |
| <p>4. Advise Mayor and Common Council on pertinent health related issues</p> | <p>Identify community health issues and present to LWK Commission for discussion and approval</p> | <p>Refine issues and concerns into a formal communication and send to the LWK Coordinator to forward to the Mayor and Common Council</p> | <ul style="list-style-type: none"> <li>● Doug Koop has been the liaison</li> <li>● Wrote letter to NYS representatives about Open Meeting Law</li> <li>● Presented to the Common Council at their caucus meeting on 10/4/221 about LWK.</li> <li>● Presented Open Meeting Law memorializing Resolution to Common Council on 12/15/21 and was passed unanimously on 1/4/22.</li> </ul> |  |