



## Join our Grow With Food Team!



We are a collection of students and volunteers working together to support Knapton's Community garden.

### What are community gardens?

Community gardens are places where people grow and share food. They are a great way to get fresh produce and to meet your neighbours.



### Why should I get involved?

Learn how to garden!

Grow your own vegetables, herbs & flowers!

Meet other people who share your love for gardening!

Experience the joy of the garden every day!

Get access to the tools you'll need to garden!



Get support and education on how to garden better!

Learn about how to advocate and support our community garden!



Advocate to build & make garden beds & more!



### Connect with nature and neighbours!



Learn more about how you can support our community garden!  
Join our Grow With Food Team!

The Grow With Food Team meets the first Thursday of the month at 5:00pm and the third Thursday at 6:00pm.

For more information, contact:

2025-2026: [anna@knappontown.ca](mailto:anna@knappontown.ca)

2024-2025: [anna@knappontown.ca](mailto:anna@knappontown.ca)

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2022-2023: [anna@knappontown.ca](mailto:anna@knappontown.ca)

2021-2022: [anna@knappontown.ca](mailto:anna@knappontown.ca)