

# KINGSTON EATS

## FARM FRESH COOKING WORKSHOP

Beat the heat with this refreshing meal. Join us for this **FREE** hands-on workshop led by Chef Josh Rae on how to cook an easy meal with fresh, local, and seasonal farmers' market finds.

**NEW**

Community Supported  
Farmer Partnership  
Registration & Ticket Link



**THURSDAY, AUGUST 8TH**



**5:30-7:30PM** (Please arrive at 5:15pm)



**MIDTOWN NEIGHBORHOOD CENTER  
421 BROADWAY, KINGSTON, NY**



Registration is limited.  
Registration is required.  
\$10.00 in order to eat  
the full meal.

The workshop is intended for adults. Teens aged 16 and up may attend with an adult.